

Troop 103
June 6-8, 2008
Whitewater Rafting on the Shenandoah & Potomac Rivers

ITINERARY

Fri., June 6, 2008

6:00 p.m.: Meet in Picnic Grove at St. Joseph Church on Grandview Rd.
Cook dinner; camp out in Picnic Grove.

Sat., June 7, 2008

6:00 a.m.: Breakfast
6:45 a.m.: Depart; travel to Whitewater Outfitter in Knoxville, MD
8:15 a.m.: Arrive at Whitewater Outfitter
9:00 a.m.: Whitewater Rafting Begins!!! (Lunch provided)
4:00 p.m.: Return to Picnic Grove at St. Joseph Church
Help with Eagle Project (tentative)
Cook dinner
Sell Pancake Breakfast Tickets after 6:00 p.m. Mass (selected
scouts)
Camp out in Picnic Grove

Sun., June 8, 2008*

8:30 a.m.: Mass at St. Josephs
Breakfast & Cleanup

*Sell Pancake Breakfast Tickets after the Masses (selected scouts)

10:00 a.m.: Dismissal

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WHAT TO BRING: See Next Page.

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WHAT TO BRING

Bring: (Check off)

- _____ \$ 86.00 [includes Whitewater Rafting, Trained Guide, Shuttle, all equipment (including PFD), all food & transportation]
- _____ Signed Permission Slips:
 - _____ Troop 103 Permission Slip
 - _____ River & Trail Outfitters Parent/Guardian Permission Form (www.rivertrail.com)
- _____ Medications with Instructions
- _____ Class B Uniform
- _____ Class A Uniform – Bring it for Sunday Mass
- _____ Sleeping Bag
- _____ Flashlight
- _____ Personal First Aid Kit
- _____ Toothbrush, Toothpaste
- _____ Mess Kit
- _____ Work Gloves
- _____ Boy Scout Handbook
- _____ Whitewater Essentials:**
 - _____ Bathing Suit
 - _____ T Shirt
 - _____ Quick-Dry Shorts
 - _____ Windbreaker/Rain Jacket
 - _____ Old Sneakers or Teva-type Sandals
 - _____ Hat or Sunglasses
 - _____ Bottled Water
 - _____ Towel & Change of Clothes

**If the weather is below 80°, avoid cotton (wear synthetics, wool or fleece).
Leave all important personal items behind, including cell phones.

Emergency Contact Information:

Jeff Rosenzweig: (717) 968-6533 (c)
Richard Slusser: (717) 451-1908 (c)
Bob Zinn: (410) 259-3521 (c)
River and Trail Outfitters (Knoxville, MD): 1-888-446-7529
(www.rivertrail.com)

***** (Leave this with your parents after you have packed everything)*****