Troop 103 Pine Grove Furnace/Appalachian Trail Hike
Fri. - Sun., March 23-25, 2012

Fri., 3/23/12:

5:00 pm: Drop Off at St. Joseph Church [**Bring a Sack Dinner or eat first**];
Drive to Pine Grove Furnace State Park (Gardners, PA);
Camping in Iron Workers Organized Group Tent Site B

Sat., 3/24/12:

Morning: Breakfast, Pack a Lunch – Lunch on the Trail
Appalachian Trail Hiking Options:

a. Tom's Run, Camp Michaux, Little Rocky Ridge & Sunset Rocks.
See the remnants of Camp Michaux, 1 of 3 secret World War II camps for interrogating enemy German and Japanese Prisoners of War (POWs). Additional information is available at http://historicalsociety.com/Camp_Michaux.html
[7 miles round trip].

b. Pole Steeple.
Hike to Fuller Lake and along the AT, ascend Pole Steeple, take in the view, descend to Laurel Lake and pass the Mountain Creek on your way back to camp.
[6.5 miles round trip].

Evening: Dinner at Campsite; Sleep

Sun., 3/25/12:

Morning: Breakfast. 10:15 a.m. Mass at St. Joseph Church in Hanover.

Emergency Contact Information:

Jeff Rosenzweig:	(717) 968-6533 (c)
Bill Trump:	(717) 451-0237 (c)
Pine Grove Furnace State Park:	(717) 486-7174 1100 Pine Grove Road Gardners, PA 17324 Manager: Jason Zimmerman http://www.dcnr.state.pa.us/stateparks/findapark/pinegrovefurnace/

(Leave this page home with your parents after you have packed everything)

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Bring: (Check off)

_____ **Signed Permission Slip**
_____ Sack Dinner for Friday (or eat first)
_____ **WATER!** 2 water bottles, filled.
_____ $15.00
_____ **Medications with Instructions**
_____ Hiking Boots or Sturdy Shoes w/ankle support; several pairs of wool socks, liners
_____ Daypack
_____ RAINGEAR/Poncho
_____ Suitable Hiking Clothes (BE PREPARED! --- check the weather forecast.
Dress in layers. Consider long johns & long sleeve shirts, short sleeve shirts, gloves, etc.)
_____ Personal First Aid Kit **with moleskin for blisters**
_____ Sun block
_____ Compass, Pocket Knife, Matches/Lighter
_____ Whistle (for emergencies)
_____ Hat (optional)
_____ Toothbrush, Toothpaste
_____ Toilet paper
_____ Headlamp or Flashlight w/extra batteries
_____ Sleeping Bag
_____ Mess Kit
_____ Portable Stove (optional)
_____ Boy Scout Handbook
_____ Class B Uniform - Wear it when we meet on Friday
_____ Class A Uniform (includes Neckerchief)